



www.littleacorncreativecoaching.ca

LIST OF SERVICES

UPDATED: MARCH 2021

To book a consultation or coaching session, please visit:

<https://littleacorncreativecoaching.appointlet.com>

or for more information: nicole.littleacorn@gmail.com

FREE STUFF

WORK SESSIONS: accountability, support and community

- ongoing

SONGWRITING CHALLENGE FB GROUP: prompts, support and motivation

- Facebook group

LEAPFROGGING EMAILS: weekly check-in and planning

- weekly emails

CONSULTATION: a good place to start

- 30 minutes
- "Are we a fit?"

COACHING

CONSULTATION: a good place to start

Are we a fit?

- 30 minutes
- **free**

PUTTERING SESSION: an affordable little coaching option

An affordable, almost-hour of whatever you want to talk about!

- 50 minutes
- **\$50**

COACHING AND PLANNING: the next best steps... right now

Untangling the overwhelm and making a plan for the next best steps... right now.

- 90 minutes
- **\$150**
- 3, monthly, paid in advance: **\$410**
- 6, monthly, paid in advance: **\$725**

BIG PICTURE VISIONING: a sustainable, longer term plan

Where you are, where you want to be, and a long vision plan to get there.

- 3 hours with breaks
- **\$325**

PACKAGES

ALL-IN: Seedling (3 months of support and group coaching)

All-in, focused coaching package combining many tools of support, including one-on-one and group coaching sessions.

- 3 months
- **\$1100**

ALL-IN: SeedlingPLUS (3 months of support, group coaching and more)

All-in, deeper-dive coaching package combining many tools of support, including one-on-one and group coaching sessions.

- 3 months
- **\$1500**

ALL-IN: Sapling (6 months of support and group coaching)

All-in, focused coaching package combining many tools of support, including one-on-one and group coaching sessions.

- 6 months
- **\$1900**

ALL-IN: SaplingPLUS (6 months of support, group coaching and more)

All-in, deeper-dive focused coaching package combining many tools of support, including one-on-one and group coaching sessions.

- 6 months
- **\$2600**

MEMBERSHIP

little acorn SongWriters Block

Born out of the little acorn songwriting challenges group on Facebook, the SongWriters Block is an opportunity to dive deeper with songwriting and creativity.

In addition to the various, unpredictably timed lyric or photo prompts that the existing group has, this membership group will include:

- private Facebook group
- weekly creativity chats
- monthly, prompted songwriting intensives -- one hour, one song
- creatively constructed and facilitated songwriting challenges (Pass-The-Song, Exquisite Corpse, etc.)
- quarterly, exclusive chats with professional, career songwriters about their songwriting processes, experiences, etc.
- and more!
- **\$25/mo.**

OTHER

MANAGEMENT: commissionable earnings' contract

Traditional, strategic management with a long-term contract

- 15% starting point, negotiable

EVENT PLANNING: from the dream to the clean-up!

Helping your event come to life.

- \$26 hourly
- + 10% procurement on purchase amount